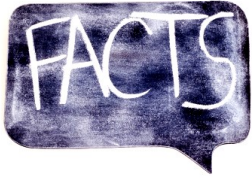




AIM: WHAT RESPECT MEANS

OUR TARGET: For our kids to grow into respectful adults we have to teach them what respect means. Let's work on talking to our kids more about treating themselves, their friends, classmates, and other people in ways that will be appreciated. If we focus on helping our kids be respectful, they will earn the trust of others and will become respectable.



Healthy relationships all have mutual respect at their center.

You can disagree with someone respectfully by using positive words to state your opinions.

Being respectful shows that you believe in the equal worth of every person.

Targeting More Meaningful Parental Involvement

Leaps Correlations: What Respect Means For Beginners

selfschools.com



TEAM UP! Try these simple ideas to help your child want to talk.

JUST ASK: Your child has been told to respect their teacher and you tell them that they need to respect you all the time. Does your child know what that means? Ask your child to explain to you what they think respect means. Let them finish trying to find the words and talk it out, then continue talking about how we all need to respect ourselves and others.

TALKING TIPS to help you sit down and start the conversation...

Respect means taking the time to **THINK** about how what we do affects others.

- Will this choice or action be seen as respectful?
- Will this choice or action be considerate of everyone around me?

We need to encourage our kids to ask themselves these questions about the choices they make **BEFORE** they make them.

SELF: How much you respect yourself is easy to see through how you walk, talk, dress and work with others. Respecting yourself means wanting to become respected to be a good, trusted member of your community. As parents, the best way to teach our kids about respecting themselves is by showing our kids how we respect **OUR**selves.

Don't talk negatively about yourself, and **STOP** your kids if you ever hear them doing so.

OTHERS: We show our respect, or lack of respect, for others through the things we say, the ways we accept other people, and through the efforts we make to listen and share. As parents, we also need to teach our kids to respect other people's things.

A good way to help our kids respect people's things is to start having our children work to earn their own things and gain a respect for work.

AIM: WHAT RESPECT MEANS



DECISION TIME: It's time you and your child CHOOSE to act in respectful ways toward other people's feelings and other people's things. When our kids understand how much it takes to earn something, they will respect their own toys and belongings and they will appreciate that other people have worked hard to have their own things too. SHAKE HANDS with your child and agree to work hard on respectful behavior together.

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GIVE IT A TRY! A chance to practice the target skills together at home:



CHORES!

The next time your child asks for a new small toy or a privilege that they don't normally have, like a slightly later bedtime or a sleepover with a friend, put that GOAL in the star below and cut out this chore chart.

Have your child work at these chores for two weeks and if they finish all of the chores reward them with the goal they have EARNED!

**If your child has never done chores before, it is very important that you teach them how to do each task right the first time. You must check on their work and approve of what they've done every time.

If we don't teach our kids how to do the work correctly they will not do it well. Our kids will have a hard time respecting their work if it's never done well.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rest and talk about the chores for the week...	Put all dishes in the sink	Take out trash from all the rooms	Make sure all clothes are off the floors	Wipe the kitchen counters	Dust all rooms	Use this day to make up for any chores that have not been done on the chart for the week.
Rest and talk about the chores for the week...	Take out trash from all the rooms	Dust all rooms	Put all dishes in the sink	Wipe the kitchen counters	Make sure all clothes are off the floors	Use this day to make up for any chores that have not been done on the chart for the week.

Stay On Target

Tips to help keep your child's new skills in action at home and school.

- Read all the notes coming home from your child's teacher. If your child is getting into any kind of trouble, talk about it with your child.
- Any time a teacher has to stop teaching to ask a student to behave, more respect is needed in that classroom for the teacher to be successful helping our kids learn.
- Be on your teacher's side. They deserve respect and care about your child's success too.